

**The Kentucky Perinatal Association**  
**PO Box 885**  
**Georgetown, KY 40324**

**2008 KPA Summit on Prematurity/Membership Registration**  
 \$50.00 Membership Dues

Last Name \_\_\_\_\_  
 First \_\_\_\_\_ Middle Initial \_\_\_\_\_  
 Profession (circle one) MD NP RN PA  
 SW CNM Other  
 Address \_\_\_\_\_  
 Phone Number \_\_\_\_\_  
 Fax \_\_\_\_\_ E-mail \_\_\_\_\_  
 Institutional Affiliation \_\_\_\_\_  
 Form of Payment (Please check one)  Check Enclosed  Registered Online  
 Attending Summit on Prematurity 08  
 T-shirt Size  S  M  L  XL  XXL

**Please make check payable to the Kentucky Perinatal Association and mail registration information to: Juliana W. Dick – Executive Director PO Box 885 Georgetown, KY 40324**



**The KPA**

**KPA Information**

The Kentucky Perinatal Association is a non-profit incorporated volunteer association of health care providers, consumers, and organizations with a common purpose toward the recognition of maternal-infant health care issues dedicated to the provision of comprehensive solutions through educational outreach and advocacy.

Started in 1988, the KPA is comprised of a broad range of health care professionals. Board members meet quarterly, volunteering their time after full work schedules to understand and further the cause of perinatal health issues for mothers and their infants.

We seek representation from all parts of the state. This representation assists, among other state leaders, the Director of Maternal Child Health for the state, in keeping perinatal health care problems and solutions in focus. Recent expansion efforts such as the hiring of an Executive Director, ongoing planning for Educational Outreach Projects, and increased visibility through Internet access as signs of our commitment to our purpose and objectives. Efforts at grant proposal writing are a new way we seek to gain capital for our educational and outreach efforts.

**Address:**

PO Box 885  
 Georgetown, KY 40324

**Phone:**

859-433-4432

**Email:**

jwdkpa1@bellsouth.com

**Website:**

www.kentuckyperinatal.com

**Register and Pay Online at**

www.kentuckyperinatal.com



**Kentucky Perinatal Association**



March 1, 2008

**Board Members**

Juliana W. Dick  
 Executive Director

Henrietta S. Bada, M.D.  
 President

Amy Snell, RN  
 President Elect

Allana Oak, D.O.  
 Immediate Past President

Lynda Sanders, MD  
 Secretary

Gary Walls  
 Treasurer

Pam Hodges, MD  
 Member at Large

Arch Curran  
 Member at Large

Teresa Howell M.S.N., R.N.  
 Member at Large

John Cohen, MD  
 Member at Large

John D. Morrison, MD  
 Ex-Officio/IT

David Adamkin, MD  
 Ex Officio

Eric Reynolds, MD  
 Members at Large

Kathy Reynolds, RD  
 Member at Large

Dr. Steve Davis  
 Ex-officio

Diane Sprowl, RD  
 Ex Officio

Dr. Ruth Ann Shepherd  
 Ex-officio

Katrina Adams Thompson  
 Ex-officio

Dear KPA Members,

It is a real pleasure to celebrate with everyone our 20 years of progress in taking care of mothers and babies in Kentucky. The Kentucky Perinatal Association extends its thanks and appreciation for your support and dedication toward our organization's endeavors. But as we move to the future, we must realize that the tremendous successes of the organization have been possible through the leadership of its past presidents:

David Adamkin, M.D.	Thomas Pauly, M.D.	Sally Kinnaird, RNC
Ron Lubbe, M.D.	Deward Voss, M.D.	Ruth Ann Shepherd, M.D.
Lynda Sanders, M.D.	John Morrison, M.D.	Allana Oak, D.O.

We are also saddened by the passing of Dr. Thomas Pauly whom we all knew as a leader in KPA and a friend. At the present, the KPA is very fortunate to have the continued commitment of several past presidents in its Board of Directors (David Adamkin, Ruth Ann Shepherd, Lynda Sanders, John Morrison, Allana Oak). To them, I would like to attribute the many recent successes of the KPA. The president elect is Amy Snell, R.N. who also has been very active with the KPA and has served as Secretary for the Organization for several years. Gary Walls has been a member of the Board of Directors and will continue to serve his position as the lifetime Treasurer. Juliana Dick has also joined the KPA as Executive Director and her diligent effort has resulted in increase in membership and sponsorship.

As the current President, I am indeed privileged to be in office at a time when the organization is financially strong and solvent, having the steady support from our members and our many sponsors; all believe in our mission of ensuring the best care for mothers and children through education of health care professionals.

The Kentucky Perinatal Association is a stakeholder in several statewide initiatives from the Kentucky Cabinet for Health and Family Services, is a partner in the many March of Dimes activities, works in collaboration with other state perinatal organizations, and continues to be active in legislative advocacy related to perinatal care and maternal and child health. The KPA supported the legislation on the program of presumptive eligibility that enables eligible pregnant women to receive prenatal care through Medicaid while their eligibility for full Medicaid benefits is determined. The following are some examples of the tireless involvement of KPA.

- Prematurity Prevention Campaign with other State Perinatal Associations
- Folic Acid Campaign
- KIDS Now
- Expanded Newborn Metabolic Screening
- Education of Health Care Professionals
- State Perinatal Advisory Task Force
- Birth Surveillance Registry
- Prematurity Prevention Summit
- Universal Hearing Screening
- Healthy Babies are Worth the Wait

Promoting perinatal education of health care professionals is a continuing endeavor. We believe in its importance and thus each annual meeting has become a venue to provide up-to-date information in perinatal care through its seminars, awarding continuing education units and continuing medical education credits to participants. We have expanded in this area since we have initiated a web-based program, the Health Professional Education on Prematurity. Our educational activities extend through the whole state and with use of technology we are able to reach everyone in Kentucky and even those in other states and other countries. This continuing effort is made possible by an educational grant from the March of Dimes, Greater Kentucky Chapter. As everyone is aware, prematurity is a major problem for Kentucky with 1 of 7 babies born premature every day. Thus the first web-based educational module was on prematurity prevention with over 700 participants registered for the course. Another web-based module is coming soon.

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Because of the organization's active involvement in education and perinatal care initiatives at the state level, KPA received the State Initiative Award from the National Perinatal Association. John Morrison, M.D. accepted the award on behalf of the KPA at the national conference in San Diego. The KPA has also applied to the appropriate organizations to be the provider for continuing educational units and continuing medical education credits. By accomplishing this, the organization will be able to continue to award educational credits at a minimal cost.

The association is very active in the Healthy Babies are Worth the Wait Initiative. The National March of Dimes and the Johnson and Johnson Research Institute have chosen Kentucky for a demonstration program to provide interventions to prevent the alarming increase in preterm birth rate. As a demonstration project, multiple programs at multiple levels are currently being implemented in designated sites while similar data collection is ongoing in control sites within the state. A progress in this initiative will be shared with everyone at the annual meeting at General Butler Park by Karla Damus, Ph.D. from the National March of Dimes.

The organization is participating in the Perinatal Advisory Task Force to review the current perinatal care statewide and with emphasis on implementing regionalization of care based on the national guidelines from the joint effort of the American College of Obstetricians and Gynecologists and the American Academy of Pediatrics. KPA is one of the many organizations and institutions involved in this initiative and will continue to do so to ensure the best quality in perinatal care delivered to the mothers and babies in Kentucky through state-of-the-art knowledge and evidence-based practices by health care professionals.

The Kentucky Perinatal Association will continue to be responsive to the perinatal health care needs of Kentucky. It is indeed a real pleasure to lead an organization as the Kentucky Perinatal Association with members having the passion and enthusiasm to promote maternal and child health. As we move forward, add more to our undertakings, and meet the challenges ahead, we trust to be able to make a difference in the health of mothers and babies of today and in the next generation.

The Kentucky Perinatal Association salutes its members for their 20 years of dedication and service!

Sincerely,

Henrietta S. Bada, M.D., M.P.H.  
KPA president

### How do I join the KPA?

Annual Membership is open to individuals and organizations interested in promoting optimal perinatal health throughout the Commonwealth of Kentucky. **Annual dues for individual members are only \$50.00** and include registration fees for the annual education meeting (**membership runs through March**). **Corporate Memberships are for annual dues of \$750** (this includes registration for three participants to attend the annual educational meeting and receive continuing education credits.

### What are benefits?

Upon joining the KPA you will become an important part of the team that is working to insure mothers and babies have the best health care opportunities in Kentucky. You will have the chance to network with other caregivers across the State of Kentucky to address the concerns of perinatal health. In addition, a quarterly newsletter will also help to keep you informed of what is happening

## Health Professional Education on Prematurity II (HPEP II)...coming soon

The Health Professional Education on Prematurity Initiative Continues....

**HPEP I on Prevention on Prematurity ended in December 2007, with over 700 registrants from all over Kentucky and other states and countries.** Since information gained from HPEP I on the primary, secondary, and tertiary prevention of prematurity was to be shared with our patients, the other health care professionals and those we work with, our relatives, and our friends, the knowledge on prematurity prevention module hopefully reached thousands and will reach thousands more. **The upcoming web-based educational module for health professionals (HPEP II) is entitled: *The Late Preterm Birth.***

**Launch date: June 1<sup>st</sup> 2008.**

**The major objectives for this educational offering are:**  
**To be familiar with the impact of late preterm birth on the continuing increase in preterm birth rate in Kentucky and in the USA.**

**To be familiar with the significant changes in organ development through the last weeks of preterm gestation. □**

**To enumerate the various complications that are associated with late preterm births.**

**To enumerate the various steps necessary that a health professional may take toward decreasing the preterm birth rate.**

**A certificate for continuing education (CME/CEU) will be awarded to those who complete the program.**

**Course faculty members:** Ruth Ann Shepherd, MD  
Eric Reynolds, MD  
Allana Oak, DO

**Course Directors:** Dr. Lynda Sanders and  
Dr. Henrietta Bada

**Continuing Education Coordinator: Jody Epperson**

**Funding: □ This course is made available through an educational grant from: The March of Dimes, Greater Kentucky Chapter.**

in the state, of regional meetings and potential legislation that may need your attention.

The KPA also networks with other state perinatal associations as a member of the National Perinatal Association's State Forum. This allows the KPA to stay abreast of the trends and changes occurring throughout the nation.

### What do members need to know?

The Kentucky Perinatal Association is open to health care professionals with an interest in perinatal health and welfare. Nurses, physicians, dieticians, social workers, home health care workers, and state government officials in the perinatal field are among our members. We meet annually in Lake Cumberland State Park each June, and all KPA members are invited to attend board meeting held quarterly. Our board members work in the areas of education, legislation, and membership areas.

## SUMMIT ON PREMATURITY: 20 YEARS OF PROGRESS FOR MOTHERS AND BABIES IN KENTUCKY

**The 2008 Kentucky Perinatal Association Annual Meeting: Summit on Prematurity will be held on Monday, June 2nd, and Tuesday, June 3rd at General Butler - Carrolton, Kentucky. We recommend that you arrive on Sunday, June 1st to pick-up meeting materials.**

Topics related to Guidelines in Perinatal Care VI, centering & substance abuse, regionalization, healthy babies are worth the wait, follow-up for the public health nurse, prematurity prevention in Kentucky, and more will make up the majority of presentations.

**For only \$50.00**, attendees receive free CEUs/CMEs for each conference day, registration, and meals at the KPA Annual Meeting. **Please note that meals are for meeting attendees only.** Guest of attendees are required to purchase their own meals.

All pre-registrants will receive a special KPA 20th Anniversary t-shirt. This \$50 fee also includes a membership to KPA.

Benefits of membership include discounted registration fees at selected statewide conferences, quarterly newsletters, networking with others interested in perinatal health from across the state, opportunity to help improve perinatal health in Kentucky, opportunity to advocate for women and children at the legislative level, and education and information sharing about current Perinatal issues.

**REGISTER & PAY ONLINE NOW**  
[www.kentuckyperinatal.com](http://www.kentuckyperinatal.com)

### MAKE YOUR RESERVATIONS

**General Butler State Park — 866-462-8853**

**Hampton Inn — 502.732.0700**

**Comfort Inn — 502.732.6661**

### SUMMIT ON PREMATURITY: AGENDA

Monday:	8:15 am	David Adamkin, MD "Best of Guidelines for Perinatal Care VI"
	9:00 am	Wendy Hansen, MD "Centering in Prenatal Care of Substance Using Women"
	10:15 am	Dan Batton, MD "Decision at the Threshold of Viability"
	11:00 am	Shirley Wilkerson, MD "Follow-up for Public Health Nurse"
	12:00	Luncheon and Keynote Speaker Pat Nicol, MD / Ruth Ann Shepherd, MD "Regionalization - Then, Now and Future"
Tuesday:	8:15 am	Pam Hodges, MD "The Challenges for Obstetricians of Preventing Late Preterm Birth"
	9:00 am	Karla Damus, PhD "Healthy Babies Are Worth The Wait"
	10:15 am	Scott Berns, MD "Bereavement in the NICU"
	11:00 am	Eric Reynolds, MD "It is not a drug; my doctor gave it to me"

## Healthy Babies Are Worth the Wait Initiative

*Healthy Babies Are Worth the Wait<sup>sm</sup>* is helping Kentucky's babies get the best possible start in life. Working with health care providers and community partners, the program helps ensure that moms-to-be have the care and information they need to maintain healthy, full-term pregnancies.

The March of Dimes, Johnson & Johnson Pediatric Institute and the Kentucky Department for Public Health are partnering to reduce preterm births in targeted intervention areas. The three-year program began in January 2007. Kentucky was chosen from among several states under consideration because it best met criteria for the program design and implementation. If the program is successful in reducing rates of preterm birth, this model could be replicated in other communities across the U.S. Preventing preterm birth is important because:

Preterm birth is the leading cause of neonatal death in the U.S. and rates are rising: 500,000 preterm babies are born each year, with 400,000 considered "late preterm," or between 34 and 36 weeks.

Even babies born just a few weeks early are more likely than full-term infants to experience acute problems after birth, be re-hospitalized or die within the first year of life.

Many preterm births – especially those that are late preterm – could be prevented by:

Taking action to address known risk factors

Getting regular medical care before, during and between pregnancies – including treatment of existing medical conditions

Receiving regular dental care

Careful attention to nutrition and weight gain

Avoiding alcohol and tobacco use and secondhand smoke

Assistance in managing or leaving abusive domestic situations, and

Avoiding early elective inductions and Caesarian deliveries that are not medically indicated.

Preventing preterm birth not only saves babies' lives and improves the future for them and their families, but it preserves valuable financial resources for parents, insurers, employers, governments, schools and the community.

*Healthy Babies Are Worth the Wait* is an initiative of the Prematurity Prevention Partnership: the March of Dimes, Johnson & Johnson Pediatric Institute, and the Kentucky Department for Public Health.

**Register Online at [www.kentuckyperinatal.com](http://www.kentuckyperinatal.com)**

**SUMMIT ON PREMATURITY**

**JUNE 1 - 3, 2008**